## ESF

Building steps to a brighter future

If you're in unemployed or work less than 16 hours per week in North Tyneside, we can help you improve your confidence and self-esteem which can lead to work placements, volunteering opportunities, education, and employment!

CV help and mock interviews

ramily support to overcome barriers

£

Money management courses

> Employment and selfemployment support



Leadership training

Enterprise and start-up workshops

18+





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